

Mail To: Mt. Pleasant Figure Skating Club  
Membership Chair  
PO Box 975; Mt. Pleasant, MI 48804-0975

Make Checks Payable To  
MPFSC



**2022-2023 MPFSC Membership Application & Fees**  
[Note Fees include USFS membership; USFS fees are non-refundable]

Please check all that apply	Membership Type	Cost	Description
	Full Standard Skating Member	\$105.00	Includes US Figure Skating membership along with Mt Pleasant FSC membership for first family member – must have to test and compete in USFS system
	First year INTRO Full Skating Member	\$75.00	Intro membership to USFS & MPFSC – only for skaters just coming out of Basic Skills into full club membership. ONE YEAR ONLY. May not have previously been a full USFS member – allows member to test and compete in USFS system.
	Additional Skating or Parental Member	\$50.00	Includes USFS and MPFSC membership for any additional family or – skating members. All skating privileges apply.
	Collegiate Member	\$130.00	A four-year full membership for college-aged members. All skating
	Non-Skating Member	\$25.00	Membership to Mt Pleasant FSC only
	Associate Member	\$45.00	Membership to MPFSC only/members must have a designated home club other than MPFSC.

**NOTE – for all skaters under 18 a parent must be a USFS member as well**

APPLICANT NAME: \_\_\_\_\_ Birth Date: \_\_\_\_\_

USFS #: \_\_\_\_\_ Email: \_\_\_\_\_

Membership Type:  Full Standard Skating Member  1<sup>st</sup> Yr. Intro Full Skating Member

Non-Skating Member  Collegiate Member  Associate Member: Home Club: \_\_\_\_\_

APPLICANT NAME: \_\_\_\_\_ Birth Date: \_\_\_\_\_

USFS #: \_\_\_\_\_ Email: \_\_\_\_\_

Membership Type:  Additional Skating or Parental Member  Non-Skating Member

Associate Member: Home Club \_\_\_\_\_

APPLICANT NAME: \_\_\_\_\_ Birth Date: \_\_\_\_\_

USFS #: \_\_\_\_\_ Email: \_\_\_\_\_

Membership Type:  Additional Skating or Parental Member  Non-Skating Member

Associate Member: Home Club \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State/Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

If applicant is a Minor: Parent's Name[s]: \_\_\_\_\_

Phone[s]: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_

**All fees are good for one year.  
(July 1, 2022– June 30, 2023)**

**Total Registrations/Renewals Paid \$**

Cash  Check  Debit/Credit

Online  Order # \_\_\_\_\_

Date: \_\_\_\_\_





## 2022-2023 Medical Emergency Form

Please complete and return with the Membership Application form. This information will be kept on file with the Mt Pleasant Figure Skating Club in case of illness or injury while your skater is at the ICE Arena.

PLEASE PRINT CLEARLY TO ENSURE ACCURACY

Skater Name: \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact (if parents cannot be reached):

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to Skater: \_\_\_\_\_

Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospital Preference: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Insurance: \_\_\_\_\_ Policy # \_\_\_\_\_

Allergies: Yes ☒ | No ☒ | If yes, please specify: \_\_\_\_\_

Please list any additional health related information you believe would be pertinent in case of a medical emergency: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

In case of serious accident or illness and I cannot be reached, I hereby authorize the doctor or treatment center listed above to treat my child \_\_\_\_\_ (Skater's name). If necessary an ambulance can be called. The cost of the ambulance is my responsibility.

\_\_\_\_\_  
(Signature of parent or guardian)

\_\_\_\_\_  
(Date)



## Waiver & Release of Liability, Assumption of Risk and Indemnity Agreement

In consideration of participating in the Mt Pleasant Figure Skating Club activities, I represent that I understand the nature of figure skating activities (“activity”) and that I am qualified, in good health and in proper physical condition to participate in such “activity”. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the “activity”.

I fully understand that this “activity” involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the “activity”, the conditions in which the “activity” takes place, or the negligence of the “releasees” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the “activity”.

I hereby release, discharge, and covenant not to sue the Mt Pleasant Figure Skating Club , United States Figure Skating, it’s directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the “activity” takes place (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The Mt Pleasant Figure Skating Club has the right, but not the obligation, to provide rules, regulations and/or ice monitors for Club Ice. We hereby acknowledge that the Mt Pleasant Figure Skating Club shall not be responsible for the supervision of the members at Club Ice.

I have read this **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT**, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

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Print Name of Participant

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Date

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Signature (Parent or Guardian if under the age of 18)

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Date



## Jump Harness Consent and Waiver of Responsibility

The Mt. Pleasant Figure Skating Club undertakes no responsibility for damages or injuries suffered by any skater while using our jump harness. In consideration of the above, skater's siblings, parents, guardians, and coach shall be deemed to agree to assume all risks of injury to their person and property resulting from and caused by, or connected with conduct and usage of the MPFSC jump harness and to waive and release any and all claims which they may have against the Mt. Pleasant Figure Skating Club, its officers and/or employees and staff.

Any outside coach granted permission to use the MPFSC harness will be responsible for repairs should any damage outside the normal wear and tear occur.

Print Name of Participant: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

(Parent or Guardian if under the age of 18)

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### Concussion Awareness Information:

Please read the following information carefully and sign below.

**A concussion is a type of traumatic brain injury that changes the way the brain normally works.** A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

**WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?** Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If a student reports one or more symptoms of concussion listed after a bump, blow, or jolt to the head or body, they should be kept out of play the day of the injury and until a healthcare professional, experienced in evaluating for concussion, says they are symptom-free and it's OK to return to play.

A student should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea

- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loss of consciousness (even a brief loss of consciousness should be taken seriously) However, it is important to note that most concussions occur without loss of consciousness.

**It is important for a student to report concussion symptoms.** If a student has a concussion, their brain needs time to heal. While a student's brain is still healing, they are much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young students can result in brain swelling or permanent damage to their brain. They can even be fatal.

**By signing below, I am acknowledging that I have received Concussion Awareness Information from MPFSC.**

Print Name of Participant: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

(Parent or Guardian if under the age of 18)



## Skater Code of Conduct

**Skater code of Conduct/Responsibilities:** As a member of the Mt. Pleasant Figure Skating Club and U.S. Figure Skating, I promise to conduct myself in an appropriate manner whenever and wherever I am representing my club and the sport of figure skating.

**General Guidelines:** Skating is basically an individual sport and most practice sessions are pretty unstructured. **It is important to know that some basic rules must be observed for safety and to ensure that everyone can make effective use of their time.** Respect and courtesy must be shown at all times to coaches, ice monitors, parents, U.S. Figure Skating officials and guests, and fellow club members on or off the ice or at any other rink while representing the Mt. Pleasant Figure Skating Club. Maintain a positive attitude and outlook. Help others to see their strengths. Set a good example for other, less experienced skaters. Our club is committed to promoting a positive and friendly environment for all skaters. Remember 'The Golden Rule' —treat other people like you want to be treated—with respect.

### Ice Etiquette and Safety:

1. While in lessons or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins, i.e. "lutz corners"
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. The skater, who is 'on program,' has the right-of-way. Other skaters are expected to give them free maneuvering room. Second in priority are the skaters who are currently in lessons with their coach or in the jump harness.
5. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

### Music Programs:

CD's/Music players are placed 'in line' to be played. A coach may request the music of a skater in a lesson to be played next, bypassing (bumping) those not in a lesson.

### Falls and Injuries:

If you fall, get up quickly. Remember other skaters have a much harder time seeing you when you are down on the ice. Don't stay there any longer than necessary. If you injure yourself, let someone on the ice know as soon as possible. If you see someone else fall and think they may be injured, don't touch him or her. The best thing to do is to have someone stand guard over them until a qualified adult can come help them.

**Payments:**

Skaters must have a MPFSC punch card with time left, buy a new card, or pay the drop in rate for that night in order to use club ice. No punch card or drop in fee, no ice use. Payment must be taken care of BEFORE stepping on the ice. Payments for Punch Cards or drop in fees should be given to the ice monitor. **ALL Skaters must check in with the ice monitor prior to entering the ice.** - Please see MPFSC's Punch Card Terms & Conditions for full details.

**Ice Time:**

You should be on the ice at all times during your session. Be punctual for lesson times, be prepared, and be properly dressed. Try to go out to the ice with everything you will need. (jackets, gloves, music, water bottles, etc) If necessary make yourself a checklist so you do not waste valuable ice time.

**Phones:** During ice time, phones should only be used in the event of an emergency or if you or your coach is recording something for you to review. Texting, snapchat, Instagram, etc are for down time not the time you have purchased to skate. If your coach needs to constantly come looking for you for your lesson, that coach has the right to hold onto your phone during the session and only return it once the session is over.

**Food:**

Absolutely NO eating or chewing of gum on the ice. Water bottles ARE permitted.

**Visiting:**

Ice is for skating, not for visiting. DO NOT stand around talking. This wastes expensive ice and is a hazard to other skaters.

**Be Respectful of others:** We ALL need to be respectful and positive with each other. If there are any issues that you cannot resolve kindly with each other please speak to a parent or coach. Our younger skaters look up to and learn from our veteran skaters and they will act in your image, so please make sure you are setting a good example at all times.

I have read and fully understand the above "Skater Code of Conduct" and agree to abide by the guidelines listed.

Print Name of Skater: \_\_\_\_\_

Skater's Signature: \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Date \_\_\_\_\_

(not required if over 18)





## MPFSC Club Room Policy

The following rules will apply to anyone who uses the MPFSC club room.

1. **Skaters, coaches or anyone using the club room should take all of their belongings home with them after they skate.** No zuca bags or other skate bags, skates or other personal belongings should be left in the locker room. The exception to this would be large props and skates that are being left to be sharpened. Please note with this we cannot be responsible for lost or stolen items.
2. **There are no assigned spots, first come first serve.** If someone is in your preferred spot, simply choose another for that day. Be respectful of other skaters' belongings.
3. **Be responsible for your own items.** Trash should be picked up and all items taken care of or taken home with you each day. We need to keep our limited space as neat and tidy as possible. Items left behind will be kept in a "lost & found" box for approximately one week and then disposed of. Trash includes items such as used water bottles, candy and chip wrappers, socks, gloves etc.
4. **Clean Up Sessions:** Clean up sessions will be held periodically during the skating year. Club Members who use the locker room are asked to participate if at all possible. This is a great way to complete some of your volunteer hours. Notifications will be sent out in advance when clean up sessions are scheduled.

Please remember, using the MPFSC Club Room is a club member privilege and treat the space as such.

I have read and understand the MPFSC Club Room Policy:

Print Name of Skater: \_\_\_\_\_

Skater's Signature: \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Date \_\_\_\_\_

(not required if over 18)





## U.S Figure Skating Parent Code of Conduct

Mt. Pleasant Figure Skating is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

Preamble: The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord).

By signing below I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will place the emotional and physical well being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
7. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate Authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
11. I will be a positive role model for my child and others.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any illegal drug prohibited by applicable federal, state, or municipal law.

13. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
15. I will respect my child's coach and refrain from "side line" coaching my child or other Skaters.
16. I agree to educate myself regarding the proper procedures to follow when establishing or terminating a coaching relationship.
17. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
18. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
19. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
20. I will support and respect all skaters and their right to participate.

Print Name of Skater: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_



**2022 - 23 Mt Pleasant Figure Skating Club  
Full Member Volunteer Hour Form:**

**Requirement: 12 hours of Volunteer time for a Full MPFSC Member Family to be completed between July 1, 2022- June 24, 2023**

The Mt Pleasant Figure Skating Club is a non-profit organization primarily operated by volunteers. In order for this club to continue providing extensive and varied opportunities, it is necessary for MPFSC Members and/or their families to volunteer a minimum of 12 hours throughout the membership year. Volunteer Hours not completed by June 24, 2023 will billed at the rate of \$10/uncompleted hour.

**Please be sure to read the Volunteer Hours FAQ for full details.**

**Earning your hours**

**Please check one of the following activities you feel you would be able to help with.**

- Passing out flyers to schools and business for MPFSC events
- Playing music during club ice
- Ice Monitor during club ice
- Hospitality for club events [testing, competition etc]
- Test Sessions (November 2022; April 2023)
- Ice show performances (May 2023)
- Props for Ice Shows
- Spot Light work for Ice Shows
- Costumes organization or manufacture for Ice Show
- Mountain Town Classic (March 2023)
- Locker room cleaning
- Media promotion of MPFSC and its benefits and events
- Other – list any skills you have you feel might be helpful to our club activities or promotion:

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*I prefer to "buyout" my volunteer hours at the rate of \$10 per hour. Please contact me to arrange payment. \_*

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**Please sign below to verify that you have read and agree to the volunteer requirements listed here and in the Volunteer Hour Frequently Asked Questions (FAQ):**

Print Name of Skater: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian if under 18)

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_